

## Fellowship Training Mission

The primary focus of the Psychology Postdoctoral Fellowship Program at CentraCare/ St. Cloud Hospital is to strengthen our field by supporting the advanced training of postdoctoral psychologists seeking licensure and equipping them for the independent practice of psychology. The Fellowship provides professional training following a scientist-practitioner model and is designed to promote specific areas of competence in professional psychology. Those successfully completing the Fellowship will exemplify high standards of legal, ethical, and professional conduct. The goal of the Fellowship is to help Fellows develop working relationships with patients, their families, and other professional staff, and enhance their communication, interviewing, and consultation abilities. Fellows successfully completing the Fellowship program will be able to provide a wide variety of clinical services, including evidence-based assessment and intervention with patients. Specific competencies that will be addressed and supported during the Fellowship training year are described in detail in the *Training Aims and Competencies* section.

## OneCentraCare

CentraCare is an organization that has been bolted together over the years. We are a collection of organizations that are now together as part of OneCentraCare. We have grown significantly, which has not always been easy, but we are connected by a common culture, common purpose and now a common brand. When these three things are in sync, we do amazing things because we are part of something bigger than ourselves. **Together we are OneCentraCare.**

## Serving the Communities of Central Minnesota for Over a Century.

CentraCare is a collaborative group of healthcare professionals, working together to provide comprehensive, high-quality care, close to home in Central, West Central, and Southwest Minnesota. CentraCare's roots go back to 1886 when St. Cloud Hospital was built to serve the health care needs of people living in Central Minnesota. In 1995, CentraCare was formed, which today includes nine hospitals and more than 30 clinics throughout the area. CentraCare has grown to meet the needs of the communities and is now one of the largest health systems in Minnesota. This means we offer the latest advancements in care, technology, and treatments close to home. But what makes CentraCare special is not our facilities or technology. It's our people. We live in the communities we serve. We're neighbors, friends and family.

## Personalized Care You Can Count On

Seeking out health care services can be stressful. It can be inconvenient, and it can be life changing. That's why you need a health care partner that understands you. Our approach is to listen first and then deliver what you need. We walk the journey with you every step of the way, whether it's life's most exciting moments or biggest challenges. Our care teams are experienced, compassionate, and committed to you.

## Our Commitment to Diversity

At CentraCare, all are welcome. We treat people of various backgrounds, cultures, and ethnicities. Our staff reflects our communities, and we are proud of our diversity. We are committed to serving every person with respect toward their personal values and beliefs. Our goal is to create and maintain an inclusive environment where all employees, patients and patients' family members, physicians, volunteers, and business partners are treated with fairness, dignity, and respect without regard to race, color, creed, religion, national origin, gender, sexual orientation, gender identity, disability, age, marital status or veteran status.

## Our Purpose

We hold a vision for all of us to live a healthy life. As a provider of care, employer to many, and a community Foundation, we encourage and inspire health and well-being. We also know there is a need for healing and comfort in every life, so at the heart of CentraCare is a commitment to the patients and families we serve in the communities we call home. Over the course of our patients' lifespan, we are here to listen, then serve and to guide and heal, because health means everything.

Each community we serve has historical roots. These roots share a purpose and leadership by caring for people — sisters of faith, civic leaders, farmers, doctors, nurses and others. Then as now, our collective purpose is to serve, providing expert health care that is close to home.

## We Value:

**Safety** - We work together to ensure our patients, their families, and all of us at CentraCare feel safe and are safe.

**Health and Well-Being** - We share the knowledge and skills we possess so that people in our communities can live the healthiest lives possible.

**Listening** - We listen with our heads and hearts — to understand, diagnose, and comfort.

**Expert Clinical Care and Collaboration**- We strengthen the care we give through collaboration with one another and with those whom we serve.

**Human Dignity** - We treat people with kindness, respect, and acceptance. Healing touches the mind, body, and spirit.

**Smart Stewardship** - We vigorously exercise fiscal responsibility and continuous improvement to meet the demands of our mission and to thrive together.

**Community and Relationships** - We have served the people of this region for generations and will serve the many generations to come.

## Our Culture

A strong culture doesn't just happen. It's made possible when employees share a set of core beliefs, commit to supporting one another, and are supported by the organization to be their

best self. This means that regardless of the role or position, employees feel comfortable sharing ideas, asking questions and supporting each other to provide the best care and experiences for our patients.

Every employee at CentraCare can experience Our Best Begins with Me through an experiential learning session at the start of their employment. And all employees get to experience the culture through innovative ways. Employees connect with one another through shared stories and inspiration, opportunities to collaborate, and access to resources that support their journey.